



LASSENS

FRESH FREE-RANGE *turkey*

- Always fresh- never frozen!
- Free of antibiotics & growth hormones
- Delicious flavor & quality

RESERVE YOURS TODAY!

IN-STORE OR ONLINE AT LASSENS.COM

Reserve online and in-store until November 19th.



SUPPLEMENTS, HEALTH & BEAUTY

BOIRON

Your Health Deserves
The Greatest Respect



ALL PRODUCTS
30%
OFF

MINERAL FUSION

Discover The World
Of Natural



ALL PRODUCTS
25%
OFF

BRAGG

Apple Cider Vinegar
Capsules
90 ct.



\$15⁹⁹

Also on sale:
True Energy Capsules, 90 ct. **\$15.99**

BUCKLEBURY

Zeolite With Chlorella
2 oz.



\$21⁹⁹

Also on sale:
Irish Sea Moss Gummies, 60 ct. **\$24.49**

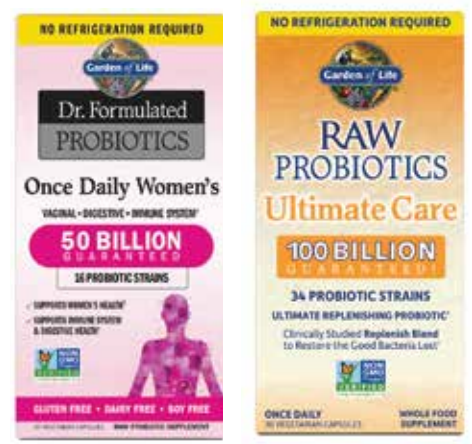


SUPPLEMENTS, HEALTH & BEAUTY

GARDEN OF LIFE

Dr. Formulated Probiotics
Once Daily Women's
30 ct.

\$31⁹⁹



Also on sale:
Raw Probiotics Ultimate Care, 30 ct. **\$41.99**

HERBATINT

5n Light Chestnut
Permanent Haircolor Gel
4.56 oz.

**ADDITIONAL
ITEMS
ON SALE!**

\$14⁴⁹



Also on sale:
8n Light Blonde Permanent Haircolor Gel, 4.56 oz. **\$14.49**



Frankincense & Myrrh
Bar Soap
4 oz.

\$4⁹⁹



Also on sale:
Patchouli Bar Soap, 4 oz. **\$4.99**

RENEW LIFE

Women's Care Probiotic
30 ct.

**ADDITIONAL
ITEMS
ON SALE!**

\$35⁹⁹



Also on sale:
Extra Care Digestive Probiotic, 30 ct. **\$35.99**

LASSENS

Immuno Well Rx
1 oz.



\$10⁴⁹

Also on sale:
Grass Fed Whey Protein Chocolate, 13.5 oz. **\$27.49**

CHEEKY BONSAI

Balanced Babe
Probiotic Gummies
60 ct.

**ADDITIONAL
ITEMS
ON SALE!**



\$23⁹⁹

Also on sale:
Bye Bye UTI Drink Mix Packets, 10 ct. **\$19.99**

ZUZU LUXE

Mineral Powder Foundation
D-14
9 g.



\$22⁴⁹

Also on sale:
L-1 Oil-Free Liquid Foundation, 1 oz. **\$22.49**

VIBRANT HEALTH

**ADDITIONAL
ITEMS
ON SALE!**

Enhanced Wellness in Every Scoop

At Vibrant Health, the makers of Green Vibrance, we have been family-owned and committed to quality since 1992. We have always focused on delivering pure, clean, and effective supplements. We carefully source each ingredient individually, choosing only the highest-quality, non-GMO options from trusted suppliers. We take the time to ensure that every component works together seamlessly, triple-testing each formula for potency and purity. With over 30 years of dedication to wellness, we remain as passionate as ever about naturally helping you feel your best.



VIBRANT HEALTH

Green
Vibrance
11.64 oz.

\$46⁴⁹



DAIRY FREE



SOY FREE



GLUTEN FREE



VEGAN
FRIENDLY



NON-GMO
VERIFIED

IF YOU CARE

Parchment Paper
70 ft.



\$4⁹⁹

BOBS RED MILL

Organic
Unbleached White Flour
5 lb.



\$6⁸⁹

BRAMI BEANS

Penne
Pasta
12 oz.



\$3⁶⁹

BUDDHA TEAS

Elderberry Tea
18 ct.



\$4⁷⁹

BUDDHA TEAS

Mushroom Wellness Blend
Tea
18 ct.



\$6⁸⁹

CHATFIELDS

Carob Chips
12 oz.



\$5¹⁹

CLAROS

Freeze Dried
Tangerine
0.88 oz.



\$4⁹⁹

DIVINA

Pitted Castelvetrano Olives
4.9 oz.



\$5⁴⁹

DR BRONNERS

Salted Dark Chocolate
3.0 oz.



\$3⁹⁹

FARMERS MARKET

Pumpkin Puree
15 oz.



\$2⁹⁹

FRESH VINTAGE FARMS

Walnut Oil
375 ml.



\$14⁹⁹

GOOD EARTH

Original Tea
Caffeine Free
18 ct.



\$2⁹⁹

KASHI

Cinnamon Harvest
14 oz.



\$4⁹⁹

KICKING HORSE

Whole Bean Coffee
Grizzly Claw
10 oz.



\$9⁹⁹

L&A

All Cranberry
1 qt.



\$8⁹⁹

LA TOURANGELLE

Extra Virgin Olive Oil
750 ml.



\$19⁹⁹

LAKANTO

Monkfruit Sweetener
Original
1.76 oz.



\$9⁹⁹

LAKEWOOD ORGANIC

Pure Pineapple
Organic
32 oz.



\$6⁹⁹

LATE JULY ORGANICS

Tortilla Chips
Jalapeño Lime
7.8 oz.



\$3⁹⁹

LET'S DATE

Organic Pitted Dates
8 oz.



\$3⁶⁹

LETS DO ORGANIC

Heavy Coconut Cream
13.5 oz.



\$3⁷⁹

MILTONS

Original Cracker
8.4 oz.



\$3⁴⁹

MUIR GLEN

Tomato & Basil Sauce
23.5 oz.



\$3⁴⁹

NEOLEA

Extra Virgin Olive Oil
16.9 oz.



\$13⁹⁹

ONCE AGAIN

Organic Tahini
16 oz.



\$7⁹⁹

PLANTATION

Blackstrap Molasses
Organic
15 oz.



\$6⁹⁹

RENEW

Purely Tart Cherry Juice
Organic
32 oz.



\$7⁹⁹

RXSUGAR

Sugar Liquid
16 oz.



\$8⁹⁹

SIMPLY ORGANIC

Garlic Powder
Organic
3.64 oz.



\$6⁶⁹

SPUDSY

Sweet Potato Fries
Sea Salt
4 oz.



\$2⁹⁹

STEVE & ANDYS

Chocolate Chip Cookies
6.3 oz.



\$5⁹⁹

CASCADIAN FARM

Blueberries
Organic
28 oz.



\$13⁹⁹

EARTH BALANCE

Whipped Buttery Spread
13 oz.



\$4⁹⁹

HOUSE FOODS

Tofu Soup Kit
Medium Hot
13 oz.



\$2⁹⁹

ITHACA

Lemon Garlic Hummus
10 oz.



\$3⁹⁹

JUST

Egg Substitute
16 oz.



\$6⁹⁹

KERRYGOLD

Irish Butter
8 oz.



\$4⁹⁹

KORSHOTS

Rtd Hydrate Tropical
16 oz.



\$3⁹⁹

MELT

Rich & Creamy Spread
13 oz.



\$4⁸⁹

MIYOKOS

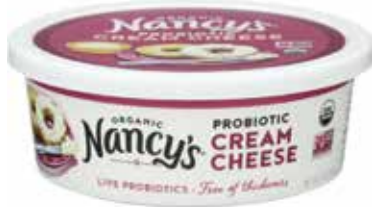
Cultured Vegan Butter
8 oz.



\$4⁹⁹

NANCYS

Cultured Cream Cheese
8 oz.



\$3⁹⁹

SCHAR

10 Grain Artisan Bread
14.1 oz.



\$6⁴⁹

STAHLBUSH ISLAND FARMS

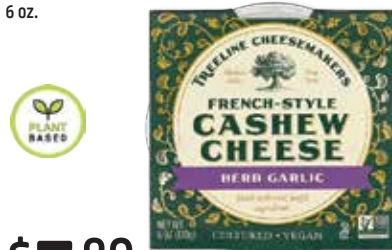
Blueberries
10 oz.



\$4³⁹

TREELINE

Cashew Nut Cheese
Garlic Herb
6 oz.



\$5⁸⁹

TRULY GRASS FED

Unsalted Butter
Creamy
8 oz.



\$4⁶⁹

VEGETARIAN PLUS

Turkey Roll
Cinnamon Glaze
1.8 lb.



\$27⁸⁹

VIOLIFE

Vegan Feta
7.05 oz.



\$5⁸⁹

WOODSTOCK

Organic
Wild Blueberries
10 oz.



\$5⁷⁹



Made in the epicurean heart of the French countryside.

Our artisanal recipe was created after the turn of the 19th century. We craft our fruit spreads south of Bordeaux, amid the renowned terroir dubbed "the Garden of France". We use only 100% fruit with vineyard-ripened grape 'must' as a natural sweetener.

ST DALFOUR \$3⁹⁹
Strawberry
Conserve, 10 oz.



Unlock the Health Benefits of Tea!

Discover the Health Benefits of Tea with Smith Teamaker!

Discover the Health Benefits of Tea with Smith Teamaker! Enjoy our special sale this month and in December! We often hear questions about the health benefits of tea, and while we pride ourselves on crafting flavorful blends, there's no denying that regular tea drinking can enhance your wellness. It's essential to navigate the sea of information out there, so we're sharing research-backed insights into the true benefits of tea.



When it comes to health, let's focus on the classic tea from the *Camellia sinensis* plant, distinct from herbal teas, which can include a variety of ingredients. Our teas are designed to not only delight your taste buds but also support your health journey.

Key Benefits You'll Love: Unsweetened, pure tea is calorie-free, making it a fantastic choice for weight management and hydration. It's perfect for everyone—adults and kids alike! Regular tea consumption has been linked to improved cognitive function and reduced risk of stroke, making it a smart choice for your daily routine. Enjoying just a couple of cups a day can enhance your overall health, from heart function to mental clarity.

And let's not forget the magic of theanine! This special amino acid, found abundantly in our teas, works with caffeine to boost focus and promote relaxation. With regular enjoyment of our blends, you might just find that you're not only nurturing your body but also your mind. Dive into the world of tea with us—your wellness journey starts here! Always consult your physician for personalized health advice.



We Believe Food Has The Power to Change Lives

Bonafide Provisions was created by a mom and Clinical Nutritionist who used whole food approach as the cornerstone of her nutritional practice.

Organic Chicken Bone Broth, 16.9 oz. \$6⁴⁹

WHAT'S IN OUR BONE BROTH?

ONLY INGREDIENTS YOU'D FIND IN YOUR KITCHEN...



CORO

SHAKING UP CHARCUTERIE

We've worked to master the art of old world salumi but have never been bound by its traditions. At Coro we're after something more, something fresh, something uniquely delicious. With careful craftsmanship and untamed imagination, we turn the finest all-natural ingredients into sensationally inventive flavors.



Hot Sopressata Salami, 3 oz.

\$4⁹⁹

LASSENS

NATURAL FOODS & VITAMINS

FOLLOW US ON



CLOSED ON SUNDAYS

LOS FELIZ (LA)
323-660-0052
2080 Hillhurst Ave.
Los Angeles CA, 90027

SAN LUIS OBISPO
805-250-2805
896 East Foothill Blvd.
San Luis Obispo CA 93405

BAKERSFIELD
661-324-6990
4308 California Ave.
Bakersfield CA, 93309

VENTURA
805-644-6990
4071 East Main Street
Ventura CA 93003

OXNARD
805-486-8266
3471 Saviers Rd.
Oxnard CA, 93033

ECHO PARK (LA)
213-542-6535
1631 W Sunset Blvd
Los Angeles CA, 90026

SANTA MARIA
805-925-3432
1790 S Broadway
Santa Maria CA, 93454

THOUSAND OAKS
805-495-2609
2150 E Thousand Oaks Blvd
Thousand Oaks CA, 91362

MIRACLE MILE (LA)
323-648-7980

SANTA BARBARA
805-683-7696
5154 Hollister
Goleta CA, 93111

SIMI VALLEY
805-522-6990
2955 Cochran St
Simi Valley CA, 93065

710 South La Brea Ave
Los Angeles CA, 90036



LOCATIONS FEATURING DELI AND JUICE BAR