

KETTLE COOKED & AIR FRIED FOR A LIGHT & CRISPY CRUNCH



LASSENS
NATURAL FOODS & VITAMINS

May 2024

LASSENS ALWAYS 100% ORGANIC PRODUCE

MAY
1ST - 11TH



ORGANIC
Green Kale

2 \$3
FOR



ORGANIC
Pink Lady Apple

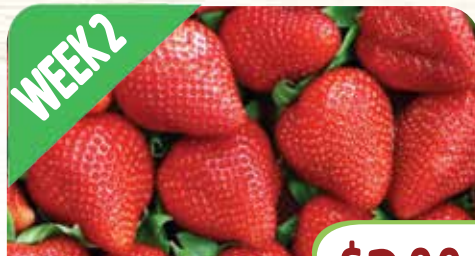
2 \$5
LBS



ORGANIC
Hass Avocados

4 \$5
FOR

MAY
13TH - 18TH



ORGANIC
Strawberries

\$3.99
ea.



ORGANIC
Broccoli

2 \$5
LBS



ORGANIC
Fuji Apples

2 \$5
LBS

MAY
20TH - 25TH



ORGANIC
Celery

2 \$5
FOR



ORGANIC
Collard Greens

2 \$5
FOR



ORGANIC
Lemons

\$1.99
lb.

MAY
27TH - 31ST



ORGANIC
Hass Avocados

4 \$5
FOR



ORGANIC
Fuji Apples

2 \$5
LBS



ORGANIC
Russet Potatoes

\$1.49
lb.

LASSENS
NATURAL FOODS & VITAMINS

FOLLOW US ON

CLOSED ON SUNDAYS

LOS FELIZ (LA)
323-660-0052
2080 Hillhurst Ave.
Los Angeles CA, 90027

SAN LUIS OBISPO
805-250-2805
896 East Foothill Blvd
San Luis Obispo CA 93405

BAKERSFIELD
661-324-6990
4308 California Ave.
Bakersfield CA, 93309

VENTURA
805-644-6990
4071 East Main Street
Ventura CA 93003

OXNARD
805-486-8266
3471 Saviers Rd
Oxnard CA, 93033

ECHO PARK (LA)
213-542-6535
1631 W Sunset Blvd
Los Angeles CA, 90026

SANTA MARIA
805-925-3432
1790 S Broadway
Santa Maria CA, 93454

THOUSAND OAKS
805-495-2609
2150 E Thousand Oaks Blvd
Thousand Oaks CA, 91362

MIRACLE MILE (LA)
323-648-7980

SANTA BARBARA
805-683-7696
5154 Hollister
Goleta CA, 93111

SIMI VALLEY
805-522-6990
2955 Cochran St
Simi Valley CA, 93065

710 South La Brea Ave
Los Angeles CA, 90036



LOCATIONS FEATURING DELI AND JUICE BAR

LASSENS MEAT DEPARTMENT



LASSENS



100%
GRASS FED
BEEF

Lassens
Extra Lean Ground Beef, 93/7
16 oz. 100% Grassfed and Grass finished

\$11.49
ea.



LASSENS



100%
GRASS FED
BEEF

Lassens
Organic Boneless Top Sirloin Steak
8 oz. 100% Grassfed and Grass finished

\$12.99
ea.



Air Chilled!

Smart Chicken
Boneless Chicken Thighs
Organic

\$8.99
lb.



LASSENS

All Natural

Lassens
Natural Ground Pork
16 oz.

\$7.99
ea.



Niman Ranch
Pastrami or Roast Beef
6 oz.

\$6.99
ea.



Niman Ranch
Applewood Smoked Bacon
12 oz.

\$9.49
ea.



kevin's
natural foods

Kevin's
Thai Coconut Chicken
Cooked, 16 oz.

\$9.49
ea.



GARDEN OF LIFE

Raising the Bar



JARROW FORMULAS

Superior Science,
Smarter Formulas.



AURA CACIA

Inspired by the power of
positive change.



LASSENS

Holy Basil
60 ct.



\$11⁴⁹

Also on sale:
Ashwagandha, 90 ct.
\$13.99

SOURCE NATURALS

Hot Flash
90 ct.



\$14⁴⁹

Also on sale:
D-Mannose 500 mg. 60 ct.
\$17.99

HERBATINT

5N Light Chestnut
Permanent Haircolor Gel
4.56 oz.



\$14⁴⁹

Also on sale:
8N Light Blonde Permanent Haircolor Gel, 4.56 oz.
\$14.49

LASSENS SUPPLEMENTS, HEALTH & BEAUTY

MINERAL FUSION

Making beauty healthy.



SOLGAR

The gold standard in vitamins.



ANDALOU NATURALS

Daily Shade+ Blue Light Defense
Deep Hydration
Facial Lotion
2.7 oz.



CURALIN

Advanced Glucose Support
42 ct.



\$14⁹⁹

Also on sale:
Ultra Sheer Daily Defense Age Defying, 2.7 oz.
\$14.99

\$17⁴⁹

Also on sale:
Advanced Glucose Support, 90 ct.
\$36.99

EO PRODUCTS

French Lavender
Body Lotion
8 oz.



\$9⁴⁹

Also on sale:
French Lavender Body Polish, 6 oz.
\$10.49

FLORA

Udo's Choice
Adult's Probiotic
60 ct.



\$19⁴⁹



GluteNull



Glutenull is a family business and a community of like-minded people, run by the Golden Rule of 'What you do not wish upon yourself, extend not to others'. Our products contain the finest Non-GMO ingredients and what we sell to our customers, is also on the kitchen table of our families and friends.

GLUTENULL
Hemp Energy Bars, 8 oz.
\$9.99

COUNTRY Archer PROVISIONS

Country Archer Jerky is hand crafted from natural ingredients. It's made in small batches using only the finest beef from awesomest cattle. Protein-packed, 100% grass-fed beef jerky & sticks. Energize your day with Country Archer.

COUNTRY ARCHER
Teriyaki Beef Jerky, 2.5 oz.
\$5.79



BUDDY BISCUIT

Dog Treats
Soft & Chewy
Chicken
5 oz.



\$4.69

ANNIES HOMEGROWN

Shells & Cheddar
6 oz.



\$2.99

BARNEY

Almond Butter
Smooth
16 oz.



\$8.99

BOTTICELLI FOODS

Marinara
Pasta Sauce
24 oz.



\$5.89

BRIANNAS

Poppy Seed
Dressing
10 oz.



\$3.99

CAULIPUFFS

White Cheddar
Puffed Snack
4 oz.



\$3.99

CHOCOLOVE

Raspberries in
Dark Chocolate
3.1 oz.



\$2.49

DNATURAL

Passion Fruit
Juice
10.8 oz.



\$1.99
+CRV

EDEN

Black Beans
15 oz.



\$2.69

FELICETTI

Spaghetti
16.01 oz.



\$2.99

HINT WATER

Watermelon Water
16 oz.



\$1.49
+CRV

JUSTIN'S

Dark Chocolate Almond Butter Cup
1.4 oz.



\$1.99

VEGAN ROB'S

Dragon Puffs -
3.5 oz.



\$3.49

KNUDSEN

Recharge
Grape
32 oz.



\$2.69
+CRV

LARABAR

Cashew Cookie Bar, 1.7 oz.



99¢

LATE JULY ORGANICS

Jalapeño Lime Tortilla Chips
7.8 oz.



\$3.99

LILYS SWEETS

Dark Chocolate
Peanut Butter Cups
3.2 oz.



\$5.99

LOTUS FOODS

Millet & Brown Rice Ramen
10 oz.



\$4.99

MILK BAR

Brown Butter Chocolate Chip
Cookies
4.5 oz.



\$3.99

MIZKAN

Ramen Broth
Concentrate
12 oz.



\$6.89

OVER EASY

Peanut Butter Breakfast Bars
1.8 oz.



\$1.99

PIRATE BRANDS

Aged White Cheddar
4 oz.



\$2.19

PRIMAL KITCHEN

Ketchup
Unsweetened
11.3 oz.



\$4.99

RAO'S HOMEMADE

Marinara Sauce
24 oz.



\$7.99

SAINT JAMES BRANDS

Passion Fruit & Peach Tea
16.9 oz.



\$2.29

SIMPLE MILLS

Fine Ground Sea Salt
Crackers
4.25 oz.



\$3.99

SIMPLY

Salted Peanut
Candy
4.5 oz.



\$5.89

Schär
GLUTEN-FREE

SCHAR
Honey Grams
Cookies
5.6 oz.
\$3.69

SCHAR
Table
Crackers
7.4 oz.
\$4.99

GUAYAKÍ
YERBA MATE

Guayaki Yerba Mate organic is a clean energy drink alternative. Peach Revival is a juicy blend of refreshing infusion of delicately sweet peach juice, organic yerbe mate with gentle floral undertones. Enjoy this peachy sweetness today at Lassens.

YERBA MATE
Enlighten Mint, Revel Berry Energy, Bluephoria Energy or Peach Revival, 15.5 oz.
\$2.69

SIMPLY ORGANIC
Daily Grind
Pepper
2.65 oz.
\$5.99

SKINNY POP
Popcorn
4.4 oz.
\$3.69

WATERLOO
Lemon-Lime Sparkling Water
12 Pack, 12 oz.
\$4.99 +crv

TATES BAKE SHOP
Chocolate Chip
Cookies
7 oz.
\$4.99

TCHO CHOCOLATE
Holy Fudge Chocolate Bar
2.5 oz.
\$2.79

THE GOOD CRISP
Potato Crisp
Original
5.6 oz.
\$2.99

THEO CHOCOLATE
Dark Chocolate Bar
Sea Salt
3 oz.
\$2.99

TONY'S COFFEE
Whole Bean
Espresso Noir
12 oz.
\$10.99

UNIQUE PRETZELS
Aged Cheddar Puffzels
4.8 oz.
\$3.99

STEAZ
Green Tea
Peach
16 oz.
\$1.89 +crv

BERLIN NATURAL BAKERY
Sprouted
Spelt Bread
19 oz.
\$4.99

BUBBIES
Sauerkraut
25 oz.
\$5.99

HEALTEA
Nettle +Rosemary
Sparkling Tea
355 ml.
\$1.99 +crv

CABO FRESH
Guacamole
12 oz.
\$4.99

CALIFIA FARMS
Almnd Milk
Unswtnd
48 oz.
\$4.99

CANYON BAKEHOUSE
San Juan Bread
18 oz.
\$5.49

DAIYA
Mexican Blend
Cheese
71 oz.
\$3.99

GROUNDWORK COFFEE
Nitro Coldbrew
12 oz.
\$3.99 +crv

HOPE HUMMUS
Original Hummus
15 oz.
\$5.99

MINGSBINGS
Cheeseburger
2 Pack
9 oz.
\$5.99

NOOSA
Frozen Yogurt Gelato
Strawberries & Cream
14 oz.
\$4.79

ORGANIC VALLEY
Whole Milk
64 oz.
\$4.99

SCHAR
10 Grain Bread
14.1 oz.
\$6.69

SIGGIS
Vanilla Yogurt
4.4 oz.
\$1.49

TRU FRU
Raspberry Wh Milk Choc Frz
8 Oz
5.99oz.
\$5.99

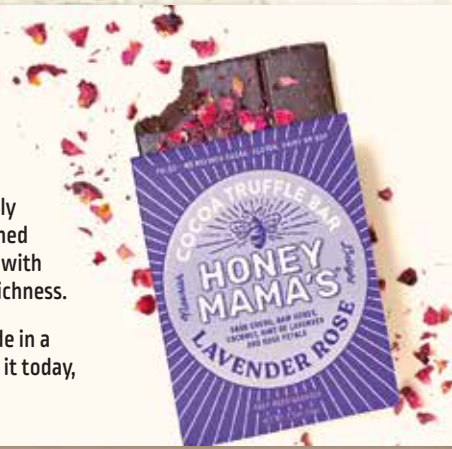
TUCSON TAMALE
Green Chile Chicken
5 oz.
\$2.89

VEGETARIAN PLUS
Vegan Kung Pao Chicken
10.5 oz.
\$7.89

HONEY MAMA'S

Honey Mama's Chocolate is made from deliciously tasty ingredients—cocoa, raw honey, and unrefined coconut oil, they're a textural masterpiece with every bite that melts in your mouth of buttery richness.

Honey Mama's contain no refined sugar, are made in a gluten-free kitchen, and are technically raw. Try it today, you will not be disappointed!



MADE WITH SUPER FOOD INGREDIENTS

Honey Mama's is made from a carefully chosen limited number of nutrient-rich superfoods for a 100% clean label indulgence.

HONEY MAMA'S
Lavender Rose Chocolate Bar, 2.5 oz. **\$3.99**



LASSENS FRESH KITCHEN



Peach Glow Smoothie

Organic Coconut Water, Organic Avocado, Organic Peaches, Collagen Peptides, Organic Ginger.

\$10⁹⁹
16 oz.



Ruby Detox

Organic Beet, Organic Parsley, Organic Spinach, Organic Celery, Organic Carrots.

\$8⁴⁹ **\$10⁴⁹**
16 oz. 24 oz.



Chicken Salad Sandwich

Organic Chicken Salad, Wheat Bread, Lettuce, Tomato, Alfalfa Sprouts, Mayonnaise

\$10⁹⁹ ea.



Raw Mango Collard Wrap

Organic Collard Greens, Organic Cabbage, Organic Mango, Organic Walnuts, Sun-dried Tomato, Organic Orange juice and Zest, Herbs and Spices, Dressing.

\$12⁴⁹ ea.



Vegan Orange Chicken

See Store for ingredients

\$15⁹⁹ lb.



Tamales

Green Chicken or Vegan Blue Corn, 12 oz.

2 \$5
FOR



Natural Cage Free Egg Salad

See Store for ingredients

\$12⁹⁹ lb.



Chicken Tortilla Soup

See Store for ingredients

\$8⁴⁹ ea.