

Voyage

— Top 9 Allergen-Free & Plant-Based —

NUT FREE SPREADS



LASSENS

NATURAL FOODS & VITAMINS

AUGUST 2024

LASSENS ALWAYS 100% ORGANIC PRODUCE

**AUGUST
1ST - 10TH**



**AUGUST
12TH - 17TH**



**AUGUST
19TH - 24TH**



**AUGUST
26TH - 31ST**



LASSENS
NATURAL FOODS & VITAMINS

FOLLOW US ON   

C L O S E D O N S U N D A Y S

LOS FELIZ (LA) 
323-660-0052
2080 Hillhurst Ave.
Los Angeles CA, 90027

SAN LUIS OBISPO 
805-250-2805
896 East Foothill Blvd
San Luis Obispo CA 93405

BAKERSFIELD 
661-324-6990
4308 California Ave
Bakersfield CA, 93309

VENTURA 
805-644-6990
4071 East Main Street
Ventura CA 93003

OXNARD
805-486-8266
3471 Saviers Rd
Oxnard CA, 93033

ECHO PARK (LA) 
213-542-6535
1631 W Sunset Blvd
Los Angeles CA, 90026

SANTA MARIA 
805-925-3432
1790 S Broadway
Santa Maria CA, 93454

THOUSAND OAKS 
805-495-2609
2150 E Thousand Oaks Blvd
Thousand Oaks CA, 91362

MIRACLE MILE (LA) 
323-648-7980

SANTA BARBARA
805-683-7696
5154 Hollister
Goleta CA, 93111

SIMI VALLEY
805-522-6990
2955 Cochran St
Simi Valley CA, 93065

710 South La Brea Ave
Los Angeles CA, 90036



LOCATIONS FEATURING DELI AND JUICE BAR

LASSENS MEAT DEPARTMENT



Lassens
Organic Top Sirloin Steak
Boneless, 6 oz.

\$12⁹⁹
ea.



Lassens
All Natural Ground Pork
16 oz.

\$7⁹⁹
ea.



First Light
Wagyu Beef Flank Steak
Boneless, 8 oz.

\$14⁹⁹
ea.



Star Fisheries
Wild Caught Ahi Tuna
Previously Frozen

\$16⁹⁹
lb.



Air Chilled!
Smart Chicken
Organic Chicken Drumsticks

\$4⁴⁹
lb.



True Story
Room to Roam Bacon
12 oz.

\$9⁹⁹
ea.

charcutnuvo

HEALTHY & SUSTAINABLE SAUSAGE

Each sausage contains high-quality, authentic ingredients sourced from organic and non-GMO grass-fed beef, poultry, and pork ranches that never use any antibiotics or hormones.

THE CHARCUTNUVO REGENERATIVE STEWARD PLEDGE:

We source beef from grass-fed, grass-finished, certified organic farms, prioritizing soil health, biodiversity, and responsible land management by eliminating synthetic chemicals. We support Holistic Grazing practices for animal well-being and land regeneration. We collaborate with sustainable farmers and ranchers, bolstering local economies and using resources responsibly. We never use added sugars and minimize sodium levels to promote healthier options. With five generations of sausage-making expertise, we partner with ranches focusing on regenerative practices, prioritizing animal welfare and the environment for future generations.



SLICE AND SERVE
for an easy, delicious
sausage snack!

LASSENS SUPPLEMENTS, HEALTH & BEAUTY

GARDEN OF LIFE

Organics
Women's
Once Daily
Whole Food
Multivitamin
60 ct.



\$42⁴⁹

Also on sale:
Organics Plant Calcium, 90 ct.
\$31.49

LASSENS

Liquid B Complex
Raspberry
1 oz.



\$8⁹⁹

Also on sale:
Liquid Iron Blackberry Vanilla
Alcohol Free, 4 oz. **\$10.49**

MARY RUTH'S

Liquid Morning
Multivitamin
Raspberry
32 oz.



\$39⁴⁹

Also on sale:
Liquid Nighttime Multivitamin
Coconut Dream, 32 oz. **\$39.49**

BUCKLEBURY

Irish Sea Moss Gummies
60 ct.



\$22⁹⁹

Also on sale:
Zeolite, 90 ct.
\$23.99

CHARLOTTE'S WEB

Calm Gummy
30 ct.



\$25⁴⁹

Also on sale:
Sleep Gummy, 30 ct.
\$25.49

RADIUS

Immuni-Minty
Immunity Elderberry
Mint Toothpaste
2.5 oz.



\$11⁹⁹

Also on sale:
Kids, Immunity Super Duper Bubble
Berry Mint Toothpaste, 2.5 oz. **\$11.99**

CHILD LIFE

Zinc Plus
Mango Strawberry
4 oz.



\$8⁴⁹

Also on sale:
Liquid Vitamin C Orange, 4 oz.
\$6.99

DR. BRONNER'S

Peppermint
Toothpaste
5 oz.



\$5⁴⁹

Also on sale:
Spearmint Toothpaste, 5 oz.
\$5.49

SUN WARRIOR

Plant Based
Collagen Building
Chocolate Protein
Peptides
500 g.



\$32⁹⁹

Also on sale:
Vanilla Warrior Blend Protein
750 g. **\$37.99**

EVERYONE

Ruby Grapefruit
Hand Sanitizer Spray
8 oz.

ADDITIONAL
ITEMS
ON SALE!



\$6⁹⁹

Also on sale:
Lavender+Coconut Hand Soap, 12.75 oz.
\$4.99

SMARTYPANTS

Kids Mineral Gummies
60 ct.



\$21⁴⁹

Also on sale:
Kids Multi & Probiotics Gummies
Organic, 120 ct. **\$22.49**

EARTH MAMA

Organic
Skin & Scar Balm
1 oz.



\$19⁹⁹

Also on sale:
Organic Herbal Sitz Bath, 3.3 oz.
\$8.49

DR HAUSCHKA

Soothing Cleansing Milk
4.9 oz.



\$32⁹⁹

Also on sale:
Rose Day Cream Light
1 oz. **\$37.99**

BADGER

Kids Sunscreen Stick
35 SPF
Tangerine & Vanilla
0.65 oz.



\$9⁹⁹

Also on sale:
Baby Clear Zinc Sunscreen SPF 40
2.9 oz. **\$15.49**

AURA CACIA

Kids Bedtime Mist
2 oz.



\$5⁸⁹

Also on sale:
Kids Bedtime Essential Oil
0.25 oz. **\$7.79**

GINGER PEOPLE

Kids Ginger Rescue
Mango Tablets
24 ct.



\$4²⁹

DAVIDS TOOTHPASTE

Kids+Adults
Strawberry Watermelon
Toothpaste
5.25 oz.



\$7⁹⁹

CARLSON LABS

Kid's Chewable
Iron Tablets
Strawberry
60 ct.



\$8⁶⁹

COMVITA

Kids Manuka Honey
Soothing Lollipops
12 ct.



\$7⁹⁹

PURELY ELIZABETH

Granola Original
12.5 oz.

\$5⁹⁹



SANTA CRUZ

Apple Sauce, 4 oz.
6 Pack

\$3⁹⁹



SCHAR

Table
Crackers
7.4 oz.

\$4⁹⁹



STDALFOUR

Strawberry
Conserve
10 oz.

\$3⁹⁹



TASTY BITE

Basmati Rice
8.8 oz.

\$2⁴⁹



TEAS TEA

Green Jasmine Tea
16.9 oz.

\$1⁹⁹



THUNDERBIRD

Pecan Goji Pistachios
1.7 oz.

\$1⁹⁹



VEGAN ROBS

Cauliflower Puffs
3.5 oz.

\$3⁴⁹



VITA COCO

Coconut Water
16.9 oz.

\$2⁵⁹



WAIAKEA

Hawaiian Water
1 lt.

\$2²⁹



WILD PLANET

Skipjack Tuna
5 oz.

\$2⁹⁹



LACROIX

Pure
Sparkling Water
12 oz.

79¢



RAMBLER

Sparkling Water
Grapefruit
12 oz.

79¢



SAMBAZON

Amazon Energy
Acai
12 oz.

\$1⁹⁹



CORO FOODS

Salami
Hot Sopressata
3 oz.

\$6⁷⁹



TRUE STORY

Oven Roasted Turkey Breast
6 oz.

\$7⁴⁹



BERLIN NATURAL

Spelt Bread
19 oz.

\$4⁸⁹



BIRCH BENDERS

Paleo Waffles
7.4 oz.

\$4⁹⁹



BIZZY COFFEE

Cold Brew Coffee
Italian Roast
48 oz.

\$5⁹⁹



CALIFIA FARMS

Almond Milk
Unsweetened
48 oz.

\$4⁹⁹



CARBONAUT

Bread Seeded
Low Carb
19 oz.

\$3⁹⁹



EVERGREEN

Peanut Butter Banana Bread
9 oz.

\$4⁹⁹



GOOD PLANET FOODS

Olive Oil Cheddar Shreds
7 oz.

\$4⁹⁹



HABIZA

Hummus Original Authentic
10 oz.

\$3⁹⁹



LITTLE NORTHERN BAKEHOUSE

Millet & Chia Bread
16 oz.

\$4⁹⁹



MYMO

Strawberry Mochi
9.1 oz.

\$3⁹⁹



NOOSA

Honey Yogurt, 8 oz.

\$2⁴⁹



ONCE UPON A FARM

Mango Banana and Spirulina
Blend
3.2 oz.

\$2⁶⁹



PERFECT FOODS BAR

Peanut Butter Bar
2.5 oz.

\$2⁴⁹



SCHAR

Deli-Style Bread
8.5 oz.

\$4⁹⁹



SIGGIS

Yogurt Vanilla
4.4 oz.

\$1⁶⁹



SILVER HILLS

The Big Bread
22 oz.

\$3⁹⁹



VAN LEEWN

Honeycomb
Ice Cream
14 oz.

\$5⁹⁹



RENEW

Purely Organic
Tart Cherry
32 oz.

\$6⁹⁹



LAKEWOOD ORGANIC

Juice Fruit Punch
8 ct.



REAL BREAD, Simple Ingredients

CRAFTED
with
CARE

AT A FAMILY OWNED AND
OPERATED BAKERY, SINCE 1992

ATORIAS.COM | @ATORIASFAMILYBAKERY



NON-GMO



VEGAN



KOSHER



SOY FREE



FAMILY OWNED

Eternal
Nature's Perfect Water®

**#1 Naturally
Alkaline Water**

Eternal flows through ancient rock
absorbing essential minerals and
electrolytes along the way. Sourced in
the USA Eternal begins in pure, pristine
alkaline springs right here in America

Reliable Partner
Eternal owns its springs and bottling
facilities.

Eternal Water Pet
84.5 oz.

\$2⁸⁹



CULTURE POP

Probiotic Soda
Strawberry
12 oz.



\$1⁶⁹

PROJECT UMAMI

Protein Strips
Savory Maple
6 oz.



\$5⁷⁹

SEVENTH GENERATION

Bath Tissue, 12 Pack



\$10⁹⁹

ANNIES HOMEGROWN

Shells & Wisconsin Cheddar
6 oz.



\$1⁴⁹

ANNIES HOMEGROWN

Honey Graham Cracker
14.4 oz.



\$4⁴⁹

BARNEY BUTTER

Smooth Almond Butter
10 oz.



\$6⁹⁹

BEAR YOYO

Raspberry Fruit Roll
3.5 oz.



\$4⁶⁹

CATALINA SNACKS

Cinnamon Toast
9 oz.



\$6⁸⁹

CHOSEN FOODS

Avocado Oil
16.9 oz.



\$9⁹⁹

CLEAR THEORY

Water Booster
Watermelon
1.62 oz.



\$2⁹⁹

CLIF KIDS

Iced Oatmeal Cookie
7.62 oz.



\$5⁴⁹

DONUTFUL

Mini Donuts
1.41 oz.



\$2³⁹

HEALTHY HIPPO

Hippo Gummies
1.8 oz.



\$3¹⁹

JUSTINS

Almond Butter
16 oz.



\$9⁹⁹

MICHEL ET AUGUSTIN

Chocolate and Toasted Hazelnuts
Cookie
4.4 oz.



BOGO
BUY 1 GET 1 FREE

NATURES BAKERY

Fig Bars
Raspberry
12 oz.



\$4⁹⁹

NATURES PATH

Heritage Flakes
32 oz.



\$8⁹⁹

NO COW

Peanut Butter Chocolate Chip
Bar, 60 g.



\$2⁴⁹

NOKA

Super Berry
Smoothie
4.22 oz.



\$1⁹⁹

ONCE AGAIN

Organic
Tahini
16 oz.



\$7⁹⁹

ONE DEGREE

Brown Rice
Cacao Crisps
10 oz.



\$4⁴⁹

ORGANICO BELLO

Pasta Sauce
Tomato Basil
25 oz.



\$6⁹⁹

OVER EASY

Peanut Butter Breakfast Bar
1.8 oz.



\$2²⁹

PREVAIL

Beef Jerky
Original
2.25 oz.



\$4⁹⁹

LASSENS FRESH KITCHEN



Wellness Tonic Juice

Organic Kale, Organic Ginger, Organic Turmeric, Organic Lemon, Organic Apples, Organic Cayenne Powder, Organic Wheat Grass

\$8⁴⁹ 16 oz. **\$10⁴⁹** 24 oz.



Pitaya Mint Punch Smoothie

Organic Pitaya, Organic Peaches, Organic Mango, Organic Banana, Organic Lemon Zest, Organic Mint, Organic Coconut Water.

\$8⁴⁹ 16 oz. **\$10⁴⁹** 24 oz.

Dill Potato Salad

Organic Red Potato, Organic Green Onion, Organic Dill, Organic Celery, Vegenaise, Salt, Black Pepper.

\$10⁹⁹ lb.



Chicken Salad

Organic Chicken, Organic Celery, Non-GMO Mayonnaise.

\$14⁹⁹ lb.



Caramel Brownie Bar

Sugar, Egg, Fresh Lemon Juice, Chocolate Liquor, Butter, Pecans, Cream, Semisweet Chocolate, Wheat Flour, Whole Milk, Pure Vanilla, Coffee Expresso, Invert Sugar, Almond Extract, Salt.

\$4⁴⁹ ea.



Spicy Jackfruit Burrito

Vegan Havarti Cheese, Organic Black Beans, House Made Chipotle Aioli, Organic Jackfruit, Organic Cilantro, Cajun Seasoning

\$10⁹⁹ ea.



Thai Peanut Tofu

Organic Tofu, Organic Bell Peppers, Organic Red Onion, Organic Bunched Greens, Braggs Liquid Aminos, Coconut Milk, Organic Garlic, Chili Flakes, Organic Peanut Butter, Salt, Organic Pepper.

\$11⁹⁹ lb.

ALLERGY INFORMATION: This product contains soy



Mediterranean Wrap

Organic Roasted Peppers, Organic Cucumber, Organic Tomato, Organic Red Onion, Feta Cheese, Organic Hummus, Organic Olive Tapenade, Organic Mixed Greens With Balsamic Vinaigrette, Organic Sun-Dried Tomato Tortilla.

\$9⁹⁹ ea.

