LASSENS

NATURAL FOODS & VITAMINS

March 2019

100% ORGANIC PRODUCE

ORGANIC
5 lb Bag
Russet Potatoes
$3.99 ea.

ORGANIC
D'Anjou
Pears
$1.49 lb.

ORGANIC
Fuji Apples
$1.49 lb.

ORGANIC
Mangoes
2 for $3

LASSENS FRESH KITCHEN

Asian Cabbage Salad

Organic red cabbage, organic bell peppers, organic onions, organic snap peas, organic carrots, organic ginger, organic sesame oil, organic rice vinegar, organic tamari, organic agave.

$7.99 lb.

Quinoa Tabbouleh

Organic quinoa, organic parsley, organic cucumbers, organic cherry tomatoes, organic mint, organic green onions, organic garlic, organic olive oil, organic lemon juice, organic pepper, sea salt.

$7.99 lb.

Vegan Avocado Reuben Sandwich

Field Roast smoked tomato deli slices, vegan Daiya provolone cheese, organic sauerkraut, organic home-made vegan thousand island dressing, organic avocado, carmelized onions on rye bread.

$7.99 ea.

Garden Tuna Salad

Line caught tuna, pasta, organic green, red and yellow bell peppers, organic celery, non-GMO mayo, organic mustard, black olives, Newman's Own olive oil and vinegar dressing.

$7.99 lb.

Blueberry Keto Smoothie

Organic coconut water, organic avocado, organic blueberries, coconut MCT oil, choice of protein.

$6.99 16 oz.

Advertised Prices do not apply to online purchases

LASSEN'S MEAT DEPARTMENT

Smart Chicken
Organic Boneless Skinless Chicken Breast
$8.99 lb.

Creekstone NON GMO
London Broil & Top Round Steaks
$6.49 lb.

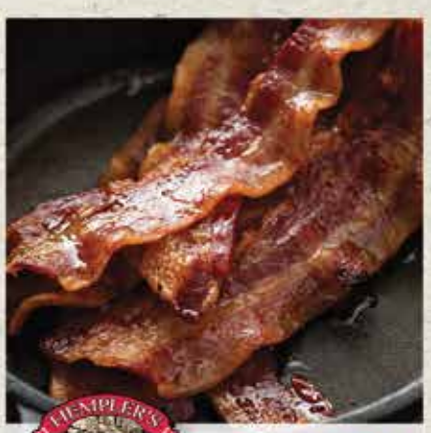
Creekstone NON GMO
Stir Fry
$6.49 lb.

Creekstone NON GMO
Stew Meat
$6.49 lb.

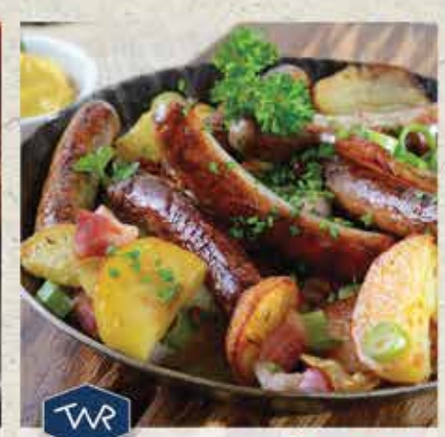
Creekstone NON GMO
Fresh Ground Beef
$6.99 lb.

Diestel
Pastrami Deli Meat
6 oz. pkg.
$6.49 ea.

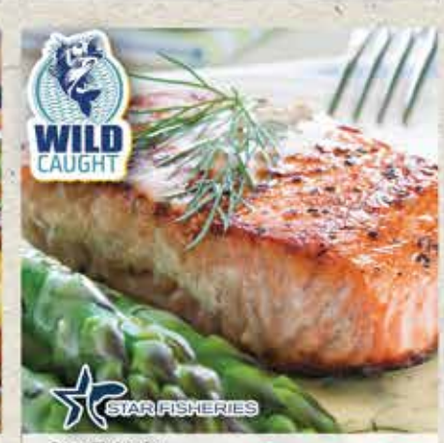
Diestel
Roast Beef Deli Meat
6 oz. pkg.
$6.49 ea.



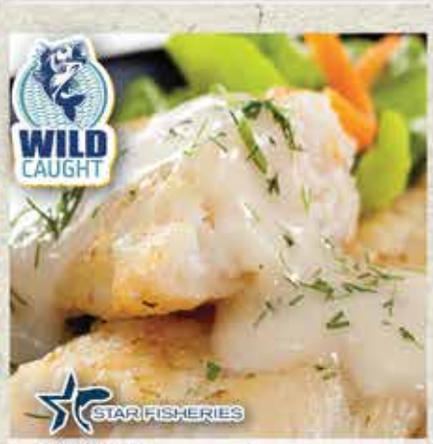
Hempler's
Center Cut Bacon
6 oz. pkg.
$8.49 ea.



Teton Waters Ranch
Breakfast Sausages
5.06. pkg. Assorted Selection
$7.99 ea.



Star Fisheries
Wild Caught Salmon
Previously Frozen
$11.99 lb.



Star Fisheries
Wild Caught Swordfish Fillet
Fresh
$12.99 lb.

SUPPLEMENTS, HEALTH & BEAUTY

SOURCE NATURALS

Enjoy optimal health!

ALL PRODUCTS 40% OFF

PLANETARY HERBALS

The promise of herbs, fulfilled

ALL PRODUCTS 40% OFF

DERMA E

Natural, Beautiful, You.

ALL PRODUCTS 20% OFF

TOPRICIN

Homeopathic Pain Relief & Healing Cream
2 oz.

ADDITIONAL ITEMS ON SALE!

$13.99

TEA TREE THERAPY

Pure Tea Tree Oil
0.5 oz

$5.99

Also on sale:
Tea Tree Toothpicks 100 ct. $2.99

NATURTINT

5N Light Chestnut Brown
5.28 oz.

ADDITIONAL ITEMS ON SALE!

$11.49

Also on sale:
6N Dark Blonde 5.28 oz. $11.49

NATURES GATE

Creme de Mint Toothpaste
6 oz.

$4.99

Also on sale:
Cherry Gel Toothpaste fro Kids 5 oz. $4.99

NATRALIA

Eczema & Psoriasis Cream
2 oz

$11.49

LILY OF THE DESERT

99% Aloe Vera Gelly
12 oz.

$7.49

Also on sale:
99% Aloe Vera Gelly 8 oz. $4.99

Advertised Prices do not apply to online purchases

LASSENS

Lavender French
Essential Oil
1 oz.

Also on sale:
Sleep Dream Essential Oil 1oz. $8.99

$6.49

JACK N' JILL

Strawberry Toothpaste
1.76 oz.

ADDITIONAL ITEMS ON SALE!

$5.29

Also on sale:
Bunny Bio Toothbrush 1 ct. $3.69

EARTH SCIENCE

Olive & Avocado Hair Masque
6 oz.

ADDITIONAL ITEMS ON SALE!

$8.49

Also on sale:
Olive & Avocado Shampoo 6 oz. $8.49

ALL TERRAIN

Fabric Bandages
30 ct.

$3.99

Also on sale:
Strong Strip Bandages 20 ct. $3.99

GARDEN OF LIFE

Raw Probiotics Men
90 ct.

$39.99

Also on sale:
Raw Probiotics Kids 96 g. $21.99
Raw Probiotics Colon Care 30 ct. $31.99
Raw Probiotics Vaginal Care 30 ct. $31.99

JARROW FORMULAS

Ubiquinol QH-Absorb + PQQ
60 ct.

$54.99

Also on sale:
Red Yeast Rice + CO-Q10 120 ct. $21.99

NEW CHAPTER

Turmeric Force
30 ct.

$19.99

Also on sale:
Zyflamend Whole Body 60 ct. $32.99

OM ORGANIC MUSHROOMS

Beauty Matrix
100 g.

ADDITIONAL ITEMS ON SALE!

$19.99

Also on sale:
Fit Matrix 100 g. $19.99

HEALTHFORCE SUPERFOODS

Truly Natural Vitamin C
105 g.

ADDITIONAL ITEMS ON SALE!

$17.99

Also on sale:
Liver Rescue 30 ct. $17.49

DYNAMIC HEALTH

Organic Ginger Juice
16 oz.

ADDITIONAL ITEMS ON SALE!

$8.99

Also on sale:
Organic Tart Cherry Ultra 5x 16 oz. $ 16.49
Organic Noni Juice 32 oz. $ 16.49

ANCIENT NUTRITION

Keto Feast
Vanilla
710 g.

$51.49

Also on sale:
Keto Feast Chocolate 715 g. $ 51.49
Keto Fire 180 ct. $43.99

BEANITOS
Tortilla Chip Snack
Mac n' Cheese
4.5 oz.

$1.99

LATE JULY ORGANICS
Tortilla chips
Jalapeno Lime
5.5 oz.

$2.29

LIVING INTENTIONS
Superfood Cereal Snacks
Hemp & Greens
9 oz.

$5.69

FOOD SHOULD TASTE GOOD
Cheddar Tortilla Chips
5.5 oz.

$1.99

ROYAL HAWAIIAN
Macadamias
Sea Salt
4 oz.

$5.99

JAYONE
Crunchy Rice Rolls
Apple Cinnamon
2.1 oz.

$1.99

EPIC
All Natural Meat Bar
Beef, Habanero
& Cherry
1.5 oz.

$1.89

CHOCOLOVE
Almond Butter Cups
Dark Chocolate
1.2 oz.

$1.49

OCHO
Organic Candy Bar
Coconut
1.5 oz.

$1.29

NEWMAN'S OWN
Organic Cookie
Chocolate Chip
7 oz.

$2.49

UNREAL
Candy Coated
Dark Chocolate
Peanuts
5 oz.

$2.99

EARTH BALANCE
Creamy Peanut Butter
16 oz.

$4.99

JULIES REAL
Cashew Butter
Cinnamon Vanilla
Bean
9 oz.

$10.49

SUJA
Energy Shot
2 oz.

$2.19

JEREMIAH'S PICK
Organic Coffee
Dark Breakfast Coffee
Ground
10 oz.

$7.49

HIGH BREW COFFEE
Cold Brew Coffee Drink
Double Espresso
8 oz.

$1.69 +crv

KNUDSEN
Hibiscus Cooler
32 oz.

$1.29 +crv

KIITO
Chocolate Maca
Protein Drink
12 oz.

$3.89 +crv

RENDER FOODS
Sparkling Strawberry
Fennel Tarragon
Whey Drink
10 oz.

$3.49 +crv

BOS
Rooibos Iced Tea
Yozu Flavor
12 oz.

99¢ +crv

TRANQUINI
Sparkling Drink
Mixed Berries
12 oz.

$1.89 +crv

C2O
Coconut Water
8 Pack
10.5 oz.

$9.99 +crv

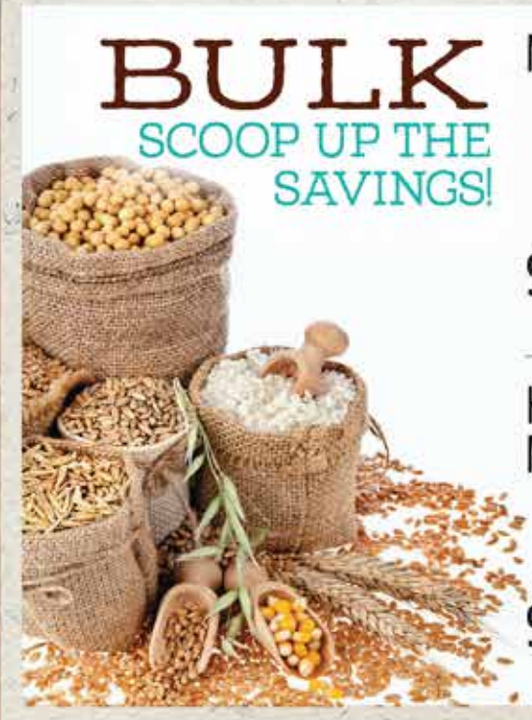
EVAMORE
Artesian Water
64 oz.

$1.99 +crv

ICEAGE
Glacial Water
33.8 oz.

$1.79 +crv

BULK
SCOOP UP THE SAVINGS!



MUNG BEANS
$2.49 lb.

ORGANIC BROWN FLAX SEEDS
USDA ORGANIC
$2.19 lb.

ORGANIC QUICK ROLLED OATS
USDA ORGANIC
$1.19 lb.

HULLED MILLET
$1.39 lb.

ORGANIC FRENCH LENTILS
USDA ORGANIC
$2.19 lb.

ORGANIC WHITE QUINOA
USDA ORGANIC
$3.89 lb.

SPECTRUM NATURALS
USDA ORGANIC
Organic Olive Oil
Extra Virgin
25.4 oz.
$8.99

CALIFORNIA OLIVE RANCH
Extra Virgin Olive Oil
750 ml.
$11.49

MUIR GLEN
USDA ORGANIC
Organic Pasta Sauce
25.5 oz.
$2.79

MUIR GLEN
USDA ORGANIC
Organic Diced Tomatoes
14.5 oz.
$1.19

MISO MASTER
USDA ORGANIC
Mellow White Miso
8 oz.
$3.89

CANYON BAKEHOUSE
San Juan
7-Grain
Gluten Free Bread
18 oz.
$4.89

CEDARLANE
Chile & Cheese Tamales
10 oz.
$3.29

DR PRAEGER'S
Broccoli Cakes
10 oz.
$3.19

EARTH BALANCE
Buttery Sticks
16 oz.
$3.69

GLUTENFREEDA
Shredded Beef Burrito
4 oz.
$2.19

EARTHBOUND
USDA ORGANIC
Organic Blueberres
10 oz
$3.29

LIFEWAY
USDA ORGANIC
Whole Milk Kefir
Plain
32 oz.
$4.99

BLUE DIAMOND
Almond Breeze
Unsweetened
Original
Almond Milk
64 oz.
$3.49

SIGGIS
Skyr Vanilla Icelandic Style Yogurt
5.3 oz.
$1.49

WILD PLANET
Albacore Wild Tuna
5 oz.
$3.29

Flavors Include:

-Peanut Butter Fudge
-Mint Chip
-Butter Pecan
-Cookie Dough
-Strawberry
-Coffee Chip
Chocolate
-Vanilla

Rebel

Rebel Ice Cream is the lowest net carb ice cream on the market. Its healthy fats and zero sugars will allow you to indulge in creamy, full-fat ice cream without the negative impacts of sugar.

Find it chain wide!

LOW CARB • KETO DIET APROVED

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APRIL 19TH + 20TH

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2 DAY SALES
RAFFLE PRIZES · TASTE TESTS · & MORE!

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SPECIAL EVENTS
AT SELECT LOCATIONS
TO BE ANNOUNCED!

LASSENS
NATURAL FOODS & VITAMINS

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CLOSED ON SUNDAYS

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