

LASSENS

NATURAL FOODS & VITAMINS

May 2018



CONQUER THIRST ORGANICALLY

with

PURE, SWEET, & DELICIOUS C2O



📷 C2OCOCONUTWATER 🌴

100% Organic Produce



**ORGANIC
Green
Kale**

**99¢
lb.**



**ORGANIC
Blueberries**
6 oz. package

**\$3.99
ea.**



**ORGANIC
Yellow
Onions**

**99¢
lb.**



**ORGANIC
Valencia
Oranges**

**99¢
lb.**

Lassen's Fresh Kitchen



Raw Pizza

Buckwheat, sunflower seed, carrot juice pulp, oregano, herbs, cashews, Walnuts, basil, tomato, dates, bell pepper, olives, jalepeno, cilantro, brazil nuts, sprouts, olive oil, lemon juice, yeast, arugula, cilantro *all ingredients are organic

**\$4.99
ea.**



Grilled Salmon

Wild Caught Salmon, organic garlic, salt/pepper and grape seed/olive oil

**\$18.99
lb.**



**Original
Flu Shot**

Cold Pressed Organic Ginger,
Cold Pressed Organic Turmeric,
Cold Pressed Organic Lemon,
Organic Oil Of Oregano Oil,
Cayenne Pepper

**\$4.99
ea.**



**Lassens
Signature
Smoothie**

Organic Almond Milk, Organic Strawberries, Organic Banana, Organic Hemp Seeds, Lemon Zest, Royal Jelly and Organic Bee Pollen.

\$5.99 \$7.99
16 oz. 24 oz.



Bbq Chicken Wrap

Organic Chicken, Organic onion, Organic lettuce, Organic Tomato, Cheddar Cheese, Rufus Bbq sauce, Organic stoneground mustard, sundried tomato tortilla.

**\$7.99
ea.**



Organic Curry Chicken Salad

Organic Chicken, Organic Apple, Organic Raisin, Slivered Almonds, Organic Celery, Organic Mayonnaisse, Organic Agave, Organic Curry powder.

**\$11.99
lb.**

YOUR NEIGHBORHOOD BUTCHER



USDA ORGANIC

Sun Fed Ranch Organic
Top Round Steak
or Organic
London Broil

\$8.99 lb.

Sun Fed RANCH

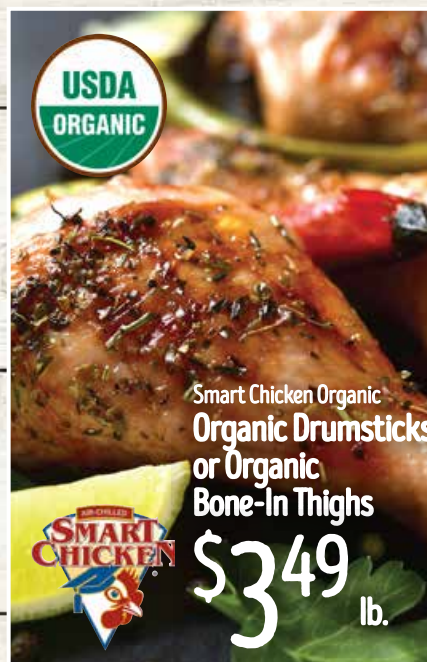


USDA ORGANIC

Sun Fed Ranch Organic
Organic Stew
Meat, Organic
Stir Fry or
Organic Fresh
Ground Beef

\$8.99 lb.

Sun Fed RANCH



USDA ORGANIC

Smart Chicken Organic
Organic Drumsticks
or Organic
Bone-In Thighs

\$3.49 lb.

SMART CHICKEN



WILD CAUGHT

Fresh/Frozen
Wild Caught Ahi
Tuna

\$9.99 lb.

COOLHAUS

Chocolate
Molten Cake
Ice Cream
16 oz

\$3.99



JOLLY LLAMA

Strawberry
Sorbet Pops
4 pk

\$3.19



NEWMAN'S ORGANICS

Organic
Spelt Pretzels 7 oz

\$2.49



INKO'S

Peach White
Iced Tea
16 oz

\$1.29 +CRV




USDA ORGANIC

True Story
Whole Deli Meat
Organic Line
6 oz pkg

\$5.99 ea.

true story.



USDA ORGANIC

True Story
Organic: Uncured
Italian Dry Salame
or Uncured Pork
Pepperoni
4 oz pkg

\$5.99 ea.

true story.

AURA CACIA

Pure Essential Oils



DOCTOR'S BEST

Science-Based Nutrition



EARTH MAMA ANGEL BABY

Formulated For Mama's



NATURAL FACTORS

Performance You Can Feel



NEW CHAPTER

Multivitamins & More to Support Your Health Needs



DR. PRICE'S

Drink Your Vites!



ANNEMARIE BORLIND

Cosmetic Sponges 2 ct

SAVE \$1.50

Additional Items On Sale!



\$6⁴⁹

Also on sale,
Eye Wrinkle Cream, 0.67 oz, \$26.49
Rose Dew Day Cream, 1.69 oz, \$38.49

ALAFFIA

Coconut Reishi Hand & Body Lotion 8 oz

SAVE \$2.50



\$7⁴⁹

Also on sale,
Coconut Reishi Shampoo, 8 oz, \$7.49
Coconut Reishi Purifying Face Cleanser, 3.4 oz, \$8.99

DESERT ESSENCE

Tea Tree Mega Mint Toothpicks
55 ct

SAVE \$0.50



\$2⁹⁹

Also on sale,
Neem Cinnamint Toothpicks, 55 ct, \$2.99
Neem Cinnamint Dental Floss, 50 yd, \$2.99

PHYTOSHIELD

Herbal Toothpaste
100 gm

SAVE \$1



\$5⁹⁹

Also on sale,
Propolis Toothpaste, 100 gm, \$5.99
Lemon-Myrtle Toothpaste, 100 gm, \$5.99

ACURE

Argan Oil & Pumpkin
Conditioner 12 oz

SAVE \$2

Additional
Items On
Sale!



\$7⁹⁹

Also on sale,
Argan Oil & Pumpkin Shampoo,
12 oz, \$7.99

ORIGINAL SPROUT

Natural
Shampoo
4 oz

SAVE \$1.50



\$6⁹⁹

Also on sale,
Island Bliss Shampoo,
8 oz, \$14.99

HERBATINT HAIRCOLOR

5N Light Chestnut
4.56 oz

SAVE \$4.50

Additional
Items On
Sale!



\$13⁴⁹

Also on sale,
6N Dark Blonde,
4.56 oz, \$13.49

EARTHRISE

Spirulina Natural 500mg
90 ct

SAVE \$3

Additional
Items On
Sale!



\$7⁹⁹

Also on sale,
Spirulina Powder,
3.2 oz, \$11.49

GENESIS TODAY

Green Coffee Bean with Svetol
90 ct

SAVE \$7



\$19⁹⁹

HOST DEFENSE

My Community
Immune Support
30 ct

SAVE \$5



\$14⁹⁹

JARROW FORMULAS

Women's Fem-Dophilus
30 ct

SAVE \$7



\$19⁹⁹

Also on sale,
Women Jarro-Dophilus
10 Billion, 60 ct, \$37.49

RAINBOW LIGHT

Prenatal One
Multivitamin
90 ct

SAVE \$8.50



\$33⁹⁹

Also on sale,
Women's One Multivitamin,
90 ct, \$33.99

UP4

Women's
Probiotic
60 ct

SAVE \$9



Additional
items
on sale

\$37⁹⁹

Also on sale,
Adult 50+ Probiotic,
60 ct, \$46.49

GARDEN OF LIFE

Whole Food
Magnesium
Orange
197.4 gm

SAVE \$8



\$14⁹⁹

Also on sale,
Whole Food Magnesium
Raspberry Lemon, 198.4 gm, \$14.99

New formula,
same great
taste!

SPECTRUM ESSENTIALS

Ground Chia
Seed 10 oz

SAVE \$2.50



\$7⁹⁹

Also on sale,
Ground Flaxseed,
24 oz, \$8.99

LASSENS HERBS

Ginger 180 ct

SAVE \$2.50



\$14⁹⁹

Also on sale,
Turmeric Pm Ache, 60 ct, \$14.49
Turmeric Am Ache, 60 ct, \$14.49

BEVERAGES, SNACKS & MORE!

BACK TO NATURE

Classic Round Crackers
8.5 oz

\$2⁷⁹



KONA

Deep Ocean Water
1ltr

\$1⁴⁹



CRUNCHMASTER

Sea Salt Cracker
4.5 oz

\$2⁴⁹



DR. IN THE KITCHEN

Sea Salt Flackers
5 oz

\$4²⁹



WONDERFULLY RAW GOURMET

Brownie Coco-Roons
6.2 oz

\$5⁴⁹



FOOD SHOULD TASTE GOOD

Sweet Potato Tortilla
Chips 5.5 oz

\$1⁹⁹



POPCHIPS

Sea Salt Popped Chip Snack
5 oz

\$2⁹⁹



HALFPOPS

Butter Sea Salt Popcorn
1.4 oz

89¢



CHOCOLOVE

Dark Sea Salt Chocolate Bar 3.2 oz

\$1⁹⁹



CHOCOLOVE

Ganache Coconut 1.41 oz

\$1⁴⁹



NEW PRIMAL

Spicy Beef Jerky 2 oz

\$5⁴⁹



LARABAR

Peanut Butter Chocolate Chip Bar 1.6 oz

99¢



BARNANA

Peanut Butter
Banana Brittle 3.5 oz

\$3⁴⁹



BARK THINS

Dark Chocolate
Pretzel Snack 4.7 oz

\$3³⁹



THE GOOD CRISP

Crisp Original
5.6 oz

\$2⁴⁹



TERRA CHIPS

Exotic Chip Original 5 oz

\$2⁶⁹



SIETE

Sea Salt Tortilla Chips
5 oz

\$3⁴⁹



SKINNY DIPPED

Almond Raspberry
Dipped Almonds 3.5 oz

\$3⁴⁹



LIVING INTENTIONS

Tandoori Tumeric Popcorn 4 oz

\$3⁴⁹



LATE JULY ORGANICS

Sea Salt
Tortilla Chips 11 oz

\$2⁶⁹



YUMMY EARTH

Strawberry Licorice GF 5 oz

\$3²⁹



TASTE NIVANA

Thai Coffee 9.5 oz

\$1⁸⁹
+CRV



KOHANA COFFEE

Cold Brew Coffee Concentrate 16 oz

\$4⁸⁹
+CRV



ALDENS

Vanilla Bean 48 oz

\$6⁴⁹



TEAS' TEA

Pure Green Iced Tea 16.9 oz

\$1²⁹
+CRV



ZOLA

Coconut Water 17.5 oz

\$1⁵⁹
+CRV



CALIFIA FARMS

Unsweetened Almond Milk 48 oz

\$2⁹⁹
+CRV



R.W. KNUDSEN

Organic Just Start Cherry 32 oz

\$5⁹⁹
+CRV



GROCERIES!

VANS

Original Waffles
9 oz

\$2⁶⁹



FOOD MERCHANTS

Traditional Polenta 18 oz

\$2²⁹



NATURE'S PATH

Heritage Flakes Organic
Cereal 13.25 oz

\$3⁴⁹



TASTY BITE

Basmati Rice RTE 8.8 oz

\$1⁶⁹



DR. PRAEGER'S

Kale Veggie Burger
10 oz

\$3²⁹



HANDSOME BROOK FARM

Organic Pasture Egg Grade A 12 ct

\$4⁶⁹



WALLABY

Blueberry Kefir LF 32 oz

\$3⁹⁹



PERFECT FOODS BAR

Peanut Butter Bar GF 2.5 oz

\$1⁹⁹



KASHI

Cinnamon Harvest
Biscuits 16.3 oz

\$3⁹⁹



PICKLE JUICE

Pickle Juice Sport 8 oz

\$1⁴⁹



TOFURKY

Sausage Ground
Burger 16 oz

\$5⁹⁹



DAIYA

Meatless Pepperoni
Pizza 16.7 oz

\$6⁶⁹



CALIFORNIA OLIVE RANCH

Olive Oil Extra Virgin 750 ml

\$11⁸⁹



SUJA

Vinegar Cucumber Ginger 13.5oz

\$2¹⁹ +CRV



BOB'S RED MILL

Organic Flaxseed Meal 16 oz

\$3¹⁹



DR. BRONNER'S

Organic Virgin Coconut Oil
Whole Kernel 14 oz

\$7⁴⁹



HAPPY BABY

Apple Kale & Avocado
Baby Food 4 oz

\$1³⁹



SAN J

Low Sodium Organic
Tamari Soy Sauce
10 oz

\$3⁶⁹



WILDBRINE

Arame & Ginger Kraut 18 oz

\$4⁷⁹



FIELDROAST

Corn Dogs Mini
10 oz

\$5⁹⁹



LAKEWOOD ORGANIC

Organic Pure Cranberry Juice 32 oz

\$8⁴⁹ +CRV



SILK

Blueberry Soy Yogurt 5.3 oz

\$1²⁹



LIFEWAY

Elderberry Elixir 12.3 oz

\$2¹⁹ +CRV



ETHANS

Tumeric Apple
Vinegar Shots 16 oz

\$6⁴⁹ +CRV



ANCIENT HARVEST

Quino Rotelle WF 8 oz

\$2³⁹



SWEET LEAF

Stevia Plus Fiber
Sweetener 70 pk

\$4²⁹



CANYON BAKEHOUSE

San Juan Bread GF 18 oz

\$4⁴⁹



GOOD KARMA

Unsweetened Flax Milk
64 oz

\$3²⁹



SILK

Unsweetened
Soy Milk 64 oz

\$3⁴⁹



RUDIS

Whole Wheat Bread 22 oz

\$3⁸⁹



GREEN VALLEY

Lactose Free Butter 8 oz

\$3⁹⁹





LASSENS

APPLE CIDER VINEGAR

~~~~~  
THE BEST YOU'LL FIND ON OUR SHELVES!  
~~~~~

Our 100% Raw Unfiltered Organic Apple Cider Vinegar is made from the best organic apples that are grown and pressed in Sebastopol, Sonoma County, California. To ensure the best quality, our Apple Cider Vinegar is aged for 3 years, which allows the naturally occurring amino acids and enzymes, referred to as the "Mother", to bloom during the fermentation process.

Among the common uses for Apple Cider Vinegar are detox, weight loss, controlling blood sugar, balancing Ph levels, haircare, skin and nails, teeth whitening, face and hair cleanser, cleaning agent, pesticide/insecticide, leg cramps, cold and cough remedy, infection fighter and aids in the lowering of blood cholesterol.*

For more information on apple cider vinegar visit our blog:

www.lassens.com/blog/ACV

only... **\$3.99**
32oz.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA

LASSENS
NATURAL FOODS & VITAMINS

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C L O S E D O N S U N D A Y S



LOCATIONS
FEATURING
DELIS AND
JUICE BARS

FRESNO
559-434-6990

SANTA BARBARA
805-683-7696

SIMI VALLEY
805-522-6990

BAKERSFIELD
661-324-6990

VENTURA
805-644-6990

LOS FELIZ (LA)
323-660-0052

SAN LUIS OBISPO
805-250-2805

OXNARD
805-486-8266

ECHO PARK (LA)
213-542-6535

SANTA MARIA
805-925-3432

THOUSAND OAKS
805-495-2609

MIRACLE MILE (LA)
323-648-7980